

## Flag Football League for Incoming 1st through 4th Graders

Practices and games will be held on the Lakeland High School game field and practice field. This league is focused on having fun, skill introduction and development, and learning football strategy. Sportsmanship and teamwork will also be taught.

### Setup

An even amount of 1<sup>st</sup> and 2<sup>nd</sup> graders and 3<sup>rd</sup> and 4<sup>th</sup> graders will be split up amongst each team to create fair competition – Younger kids will play against each other while the older kids will play against each other Participation numbers will dictate 5-on-5, 6-on-6, or 7-on-7 setup – Players may play all positions Parent-coaches may be needed & high school players will help with each team – Playbooks can be provided to interested coaches (Not enough parent-coaches may lead to cancellation of league – No coaching experience necessary)

# Schedule – Four Saturday's; September 7<sup>th</sup>, 14<sup>th</sup>, & 21<sup>st</sup> & October 5<sup>th</sup> (Not Sept. 28<sup>th</sup> due to varsity game in Merrill & Beef-a-Rama)

Saturday Schedule – 10:00-10:45 AM Practice & 10:45-11:30 AM Games; Handshakes to end all games

#### Cost

\$35 includes all practices, games, team t-shirt, and Gatorade after each session Walk-up registration is allowed but pre-payment is preferred

Please make checks payable to **Lakeland High School Football** and send the registration form below and payment by Tuesday, September 3<sup>rd</sup> to the following:

## Lakeland Union High School Attn: Dan Barutha 9573 State Hwy 70 West Minocqua, WI 54548

Please contact Head Coach Dan Barutha at (414) 587-9665 or barutha@lakelandunion.org with questions

Participant:	Incoming Grade: School:
Mailing Address:	Emergency Contact #:
Willing to Coach? (Circle One) YES NO	Name of Parent Coach:
Parent/Guardian Name:	Signature:

I, as a parent or guardian of a participant, authorize him/her to participate in the Flag Football League. I authorize the directors of the league to use their professional judgment concerning medical care. I will be responsible for his/her health insurance in case there is an injury. I also authorize any emergency exam, x-ray, medical or surgical treatment deemed necessary by a licensed physician or hospital. I understand there is a certain risk involved with football activities and we will not hold the coaches, staff, or school district responsible for accidents or injuries.